

July 19, 2014

www.lakehaywardct.com



Inside this issue:

<i>Social/ Recreation</i>	2
<i>Garden Club news</i>	2
<i>Nature Conservancy</i>	3
<i>Classifieds</i>	3
<i>LQIC giveaway</i>	4
<i>Calendar</i>	5
<i>Contacts/ Beach rules</i>	6

*Second Beach Potluck returns next Saturday*

Upcoming Events

- 07/19 **Kiddie campout,**  
6 p.m. at First  
Beach Pavilion
- 07/24 **Lego Build Olympics,**  
7 p.m. at the  
pavilion
- 07/25 **Movie on the beach at  
dusk at the pavilion**
- 07/26 **Golf tournament at  
Banner Country Club,  
8:30 a.m.**



**Contact POALH:**

POALH

P.O. Box 230

Colchester, CT 06415

**Walk-up mailbox:**

83 Wildwood Rd.

The Second Beach Potluck Supper is just a week away. Join us on the beach Saturday night, July 26th at 6 p.m. for this yummy annual event. Bring a main dish and a side or dessert, along with serving utensils.

It's BYO tables and chairs or a blanket to eat at, dishes, utensils and drinks. Be sure

to bring your plastic glasses from the Lake Hayward Store for your beverages. As always, all Association members are welcome at this event.

**Movie night**

Movie on the Beach returns Friday night, July 25th at dusk with the quirky 1986 musical comedy "Little Shop of Horrors."

Set in Skid Row, New York, this film stars Steve Martin as a demented and sadistic dentist, Rick Moranis as a nerdy and lovesick flower shop assistant, Ellen Greene as a downtrodden flower shop employee, and a singing plant from outer space with a rather unique appetite. Rated PG-13, this film is 1 hour 34 minutes long.

## *Social and recreation: Dance aerobics classes set for Mondays*

Classes will be held Monday mornings 9 a.m. at the First Beach Pavilion. Carol Moriarty will lead us in a wonderful dance class. No experience necessary. Free class!

### **Cribbage Tournament**

Friday July 18th. This is a favorite social event. Come to play or watch the players be very cutthroat. For an entry fee of \$2.00 snacks are provided, rules provided and the night will end with a nice trophy to the highest points earned player. Please bring your cribbage boards and cards with you. A special thanks to Dave Edgington for volunteering his time for



the evening's event.

### **Kiddie Campout**

Scheduled for July 19th First Beach Pavilion. Please contact me if you are planning on having your little camper attend. We need a head count in order to proper-

ly provide for all...please bring a tent, sleeping bag or blanket, flashlight and emergency contact info. Adam Thompson will be hosting the evening...it promises to be a fantastic time...the stuff great memories are made of....

### **Yoga with Karla**

First Beach Pavilion classes start at 9 a.m. Please bring a mat if you have one and/or a towel. The Association has purchased mats to use as well as blocks to assist with poses.

Please bring water. Drop in rate of \$5.00 applies. All levels.

## *Men's night event comes to Lake Hayward in mid-August*

For many years, the gentlemen of Lake Hayward have treated their favorite Ladies to a wonderful dinner during Lake Hayward Days. Now it's time to return the favor.

Gentlemen, join us for a beach/Caribbean style 3-course dinner prepared and served by your favorite ladies from 6-8 p.m. on Aug. 14. Dinner begins with appetizers on your table, followed by a buffet including Pork Barbecue with a variety of sauces, Jerk Chicken, and Caribbean-style

Meatballs, along with homemade coleslaw and potato salad, baked beans, and cornbread. Sweet and unsweet tea will be available (BYOB of your favorite libation, if you so choose). A special coconut and rum trifle is planned for dessert.

Cost: \$15.00 per person. RSVP by July 31st to Michelle Lusardi michlusardi@gmail.com or 860 416 7647

Then, invite your favorite Lady to join you for a wonderful beach and folk-rock music concert with Michelle and Tom

Becker of "Latitude" joining us from Pawleys Island SC! Sneak a peek at [www.tomandmichellemusic.com](http://www.tomandmichellemusic.com)

Ladies: We're looking for volunteers to prepare (recipes to be provided) or reheat food, and assist with serving on the night of the dinner.

If you are willing and able, please contact one of the co-chairs: Gail (203 988-0559, [GailWarning27@aol.com](mailto:GailWarning27@aol.com)) or Michelle ([michlusardi@gmail.com](mailto:michlusardi@gmail.com) 860 416 7647).

## *Garden club seeks new members; provides help to butterfly population*

The Garden Club is seeking new members, especially from the Third Beach area, to help with care and maintenance of our beautiful community gardens! The Club meets every other Sunday morning at 9 am at the Pavilion. Next meeting is July 27. Contact Kathy Petersen at 860 878 7599 or e-mail [wildrosekp47@hotmail.com](mailto:wildrosekp47@hotmail.com).

### **Eight Mile Watershed Monarch Butterfly & Milkweed Project**

The Lake Hayward Garden Club recently received almost 100 native milkweed

(*Asclepias incarnate*) plugs, free of charge, from the Eight Mile Watershed group, as part of their efforts to provide habitat for Eastern Monarch Butterfly population. The number of Monarchs in CT has been in serious decline over the last few years. Monarch Watch, in conjunction with Nature Conservancy and our own Eight Mile Watershed, are working to restore native milkweed used by monarch caterpillars as food and to encourage planting of nectar-producing native flowers that support adult

monarchs and other pollinators.

Lake Hayward forms the headwaters of the Eight Mile River Watershed; our beachside gardens are well positioned to support bringing back the Monarch to southeaster CT. Milkweed plugs have been planted and labeled in the buffer gardens at 2nd beach.

Some have been planted and labeled at first beach tennis court garden (Thanks Kathy Petersen, Kim Jonah, Deb Smith, Michelle Lusardi and Sandy Zawistowski)

The rest will be planted curbside at Third Beach over the next two weeks.

## Japanese stiltgrass around Lake Hayward

### By The Nature Conservancy

Following the loss of habitat to development, invasive plant species are recognized as the second greatest threat to biodiversity. Many people may be aware of long-established invasive species, such as purple loosestrife, phragmites, bittersweet and mile-a-minute vine.

However, the most immediate invasive concern in East Haddam today is Japanese stiltgrass. Stiltgrass is capable of spreading rapidly along roadsides and riparian corridors, where dense stands negatively impact the growth of spring wildflowers and the next generation of trees, essential to maintaining forest productivity and carbon dioxide absorption. Subsequently, stiltgrass decreases the natural habitat of

pollinators, wild turkey, deer, songbirds, and other small wild animals that rely on greater biodiversity for survival (Mervosh, Ward, 2009).

Control of stiltgrass is quite easy, and can be accomplished by cutting (just after Labor Day, before seed production), spraying and even pulling by hand for smaller patches.

The Nature Conservancy has had the good fortune of working closely with the Town of East Haddam to control the spread of Japanese Stiltgrass in the Eight-mile River Watershed. Unfortunately, the plant has recently been discovered along the roadsides of the Lake Hayward Association, particularly along East Shore Drive.



If you are interested in learning more about Japanese Stiltgrass, or if you discover the plant on your property please contact either Elizabeth Robinson (erobinson@tnc.org) or David Gumbart (dgumbart@tnc.org) with The Nature Conservancy. We would be happy to assist in the identification and control of any patches found. Early detection and control of this invasive species is crucial in maintaining biodiversity and your help in these efforts will be greatly appreciated!

## Classified ads

### Wanted: Stationary exercise bike.

Call Don at 860-537-0295.

### Stillwater by Old Town canoe

16 foot - good shape hasn't been used in years, small tear in front seat caning. \$400 or BO. - Call Tom Kress @ 860-537-5779 or email: tomkresscapentry@comcast.net

**FREE - Two bunk bed mattresses** with mattress covers and 2inch box springs. Barely used. Call: MaryAnn 860-759-2809

**Is anyone willing to teach me to kayak?** I purchased a Kayak and would like one lesson.

Especially on the art of getting in and out of one without falling over! I'm available early in the morning 7 a.m. on Saturday and Sunday. Please call: 860-759-2809.

### Yard Workers

Looking to earn a little extra money before the school year starts next fall by helping out our fellow lake friends. Any yard work that needs to be done give us a call at 860.933.4421.

Ask for Angel or Luis.

### Missing Raft

8x8 wood raft with 4 black plastic pontoons broke anchor in last weekend's storm.

Please call Fred or Mary at 860-537-3609 or 860-529-6064.

### Furniture for sale

We have 3 beautiful items for sale for \$5 each - A large unframed mirror-4' X 5' feet for \$5; A 10 drawer dresser (holds lots of clothes) 4' 4" long by 18" wide by 32" high \$5 and large trifold dresser mirror, in a wooden frame that is very ornate on the top. Please call during the week at 401-247-2744 and on the weekends at 401-457-6547. The furniture is located at 119 Longwood.

**Seeks movies to borrow:** Walt Disney's "The Sword in the Stone" on DVD for Movies on the Beach as well as Disney's "The Sword in the Stone" on DVD and "Robin Hood, Men in Tights." Please contact Bonnie Sudell at bonsudell@aol.com if you have a copy that you're willing to share.

**Missing kayak?:** Is anyone missing a kayak from last season (that floated away). Describe it and its yours. Call 860-886-3019.

### Seeking a pontoon boat

**Wanted:** Pontoon boat. Battery-operated. Call 860-917-5646.

### Babysitter needed? Briana Soares, 20 years old

I have been CPR-certified since 2006 and am getting recertified July 5, 2014. I charge

\$15/hr any additional kids is \$5 more an hour and you can contact me at 860-908-7830, if I do not pick up please leave a voicemail.

**FOR SALE:** Roof rack. to fit a Hyundai Elantra Touring, and may fit other cars. less than 3 months. available. \$125.00. Janlyn at 860-334-8982.

**FOR SALE:** Minn Kota bow mount electric motor. 40 lb. thrust. excellent condition. \$200.

Also for sale 14 ft. Escape sailboat with aluminum transport dolly. \$650.00. Call 860-537-4708 or Email jers5865@sbcglobal.net.

### First beach cottage with double lot

Driveway is on Lookout and Ridgewood. 6 rooms, 2 bathrooms, laundry room, private outside hot shower, WIFI and cable TV in three rooms. Air conditioning on main floor (living room) and 2 bedrooms sleeping 5. Additional private sleeping loft with window, wall air conditioner and cable sleeps 4. Fully equipped kitchen. Deck facing brook. Outside fire place and additional fire pit. Dates available in July, August and September. Rental period for any block of days from a minimum of 5 to a maximum of 22 depending on availability.

Rates depend on number of days chosen. Please call 860 795-650.

## Summer concert series continues at the Goodspeed

### Music on the River 2014

Join us for a beautiful evening of music, dancing and relaxing on the lawn of the historical Goodspeed Opera House along the banks of the Connecticut River



ing audiences for 50 years.

A master storyteller and humorist, Tom's yarns are spun with regional accents and an endearing nod to Americana. Join us for a magical evening of sweet melancholy ballads, gritty blues, and laughter.

### July 21 Tom Rush

Tom Rush's reputation as one of the finest interpreters of folk music who helped jump-start the awakening of both traditional folk music and the singer songwriter boom from the golden era of the 60's and 70's is undisputed. His record-

ings of songs by Joni Mitchell, James Taylor, and Jackson Brown, (to name a few) were instrumental in launching their careers, and he continues to help subsequent generations get their footing as well. His honey drenched baritone, & tasteful guitar accompaniment, has a purity that has been charm-

### July 28 United States Coast Guard Dixieland Jazz Band

The United States Coast Guard Dixieland Jazz Band was organized in 1970 to perform classic jazz, blues, and rags with a "New Orleans" flavor. The Dixieland Jazz Band has enter-

#### Newsletter Submissions:

Deadline is on Wednesday at noon. Email [miketrocchi@yahoo.com](mailto:miketrocchi@yahoo.com)

#### Newsletter Delivery:

Please note that our carriers do not get paid. They give up their Saturday mornings to get the newsletters out to you. Please remember them with a tip. Visit [www.lakehaywardct.com](http://www.lakehaywardct.com) for newsletters, by-laws, contact numbers and calendar.

tained audiences across America, in the former Soviet Union and in England. Notable venues include the open-air theater in Disney World and the Boardwalk in Atlantic City.

## Annual golf tourney is filling up fast

Space is filling up quickly, so be sure to reserve your spot in the annual Lake Hayward golf tournament, which takes place on Saturday, July 26 with an 8:30 a.m. shotgun start.

For 18 holes of golf, cart, lunch, trophies and prizes, the cost is \$60.

Member and their guests are invited. Reserve a foursome or get paired up. Call Don Biancamano at 537-3577 or Fred O'Dell at 529-6064.

## Show your permit discharge and win a \$200 prize

### It's easy to win

Submit a copy of your current and valid "Permit to Discharge"\* from the Chatham Health District

Drawing will be held at POALH's Annual Meeting on Sunday August 17.

Drawing open to all East & West side Lake Hayward residents. You need not be present to win.

Can't find your permit ?

Call Chatham Health District for a copy at 860-365-0884

#### To enter

1) Bring your permit copy to the annual meeting on August 17.

2) Submit your permit copy in advance (ok to leave in mailbox): Felicia Tencza, 22 Forest Way.

\*limit one permit per address sponsored by the LQIC (Lake Quality Improvement Committee).



**Drawing will happen at the Aug. 17 POALH meeting.**

## East Haddam tax bills will be mailed soon

Tax bills will be mailed by July 31. They are due August 1.

Bills that are paid by September 2 will not be assessed interest.

Tax bills are delayed due to the budget failing at the May 20 referendum.

The June 19 referendum passed and a mill rate of 27.90 was set.



Plan ahead with our events calendar (see the full list at [www.lakehaywardct.com](http://www.lakehaywardct.com))

## July 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 reserved
6	7	8	9	10	11	12
13	14	15	16	17	18	19 Board meeting at 76 Wildwood, 9 a.m.; kids campout, 6 p.m.
20	21	22 kiddie arts and crafts 7 p.m.	23 kiddie bingo 7 p.m.	24 Lego Build Olympics 7 p.m.	25 Movie on the beach at dusk	26 Golf tournament at Banner, 8:30 a.m.; 2nd Beach pot luck 6 p.m.;
27	28	29 kiddie arts and crafts 7 p.m.	30 kiddie bingo 7 p.m.	31		

## August 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 setback tournament, 7 p.m.	2 yoga, 9 a.m.; CPR, 9 a.m.; Band Turkeyfoot 8-11 p.m.
3	4	5 kiddie arts and crafts, 7 p.m.	6 kiddie bingo, 7 p.m.	7	8 movie on the beach at dusk	9 junior chef, 10 a.m.; adult chef, 5 p.m.
10 swim races 1 p.m.; boat parade, 4 p.m.	11	12 kiddie arts and crafts, 7 p.m.	13 kiddie bingo, 7 p.m.	14 men's night 6-11 p.m.; band Latitude 8 p.m.	15 movie on the beach at dusk	16 fishing derby, 7 a.m.; Otis and the Boomers 8-11 p.m.
17 annual meeting, 10 a.m.	18 bike, wagon and costume parade, 6 p.m.	19 cake walk, 7 p.m.	20 chocolate bingo, 7 p.m.	21 ladies night, 6 p.m.	22 night at the races, 7 p.m.	23 beach game 11 a.m.-3 p.m.; carnival 4-6 p.m.
24	25	26	27	28	29	30 band Skyway, 7:30 p.m.; 3rd Beach potluck, 6 p.m.
31						

Follow us on Twitter @lakehayward

## *Beach Rules*



1. Parents or chaperones are responsible for their child's safety and their child's actions at all times.
2. Children cannot be left at the beach unattended.
3. Infants must be in leak-proof diapers at all times.
4. No fishing from the beach and within 25 feet of swim area.
5. Dogs are never allowed on the beach.
6. Vehicles are not allowed on any beach at any time.
7. No glass on any beach or in the pavilion.
8. All trash and cigarette butts must be removed from the beach and beach area and disposed of properly.
9. Use of the beach and beach area is limited to Association members and their guests.
10. Cars parking in a beach parking area must display a current POALH parking sticker or current guest pass.
11. Beaches and Association properties are closed from Midnight to 6 a.m. Police take notice.

## *Board member contacts*

Gail Grzegorzczak — President	860-531-9008
Bob Sudell — Vice President/Representative At Large	860-537-0286
Bonnie Sudell — Secretary/Second Beach Representative	860-537-0286
Gary Petersen — Properties Committee/Representative At Large	860-324-9029
Deborah Smith — Second Beach Representative/Water Company Liason	860-338-1659
Diane Nelson — Social Committee/Representative At Large	860-305-7305
Linda Nuzzo — Recreation Committee/First Beach Representative	860-620-7016
Mike Trocchi — Newsletter and Website/Third Beach Representative	860-213-4949
Lee Griffin — Treasurer	860-656-6938
Brenda Armstrong — Tax Collector	203-627-8241
Ed Bader — Budget Committee	edbader@aol.com
Jason Griffing — E-mail alerts and announcements	ilikeicecream@msn.com
Janet Soboleski — Memorial Fund/Newsletter Delivery/Lake Hayward Cookbook	860-537-1012
Don Smith — Pavilion Reservation	860-823-8172
Lynn Booth — Hospitality	860-537-5064
Gail Edgington — Promotional Items	203-314-2764
Shannon McKane — Promotional Items	203-815-2585
Kathy Petersen — Garden Club	860-878-7599
Felicia Tencza — Lake Quality Improvement Chairwoman	bmr948@yahoo.com
Resident State Trooper	860-537-7500
East Haddam Police	860-873-1226
Confidential Tip Line	860-873-5013
Connecticut Water Company	800-286-5700