

## LAKE HAYWARD

[WWW.LAKEHAYWARDCT.COM](http://WWW.LAKEHAYWARDCT.COM)

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## MESSAGE FROM THE PRESIDENT

Thanks to all who attended the June association meeting. Your attendance is appreciated as we value your input and ideas and show of support for the board of governors that represent you. For those who were unable to join us, the minutes of the June meeting will be available soon for your review. I hope you will join us for the annual meeting in August as we vote on our budget and discuss important topics that affect us all.

If you missed the meeting, you may have heard about discussions centered around private docks on association properties. The discussion was open, candid, and out of it came a solution that supports the needs of our members at the North End of the lake. The board will be addressing immediately the clearing of association waterfront property and putting in a "rolling dock" as well as constructing boat racks so owners will have an easier time accessing the lake. If this is important to you, please let Dave Edgington know that you can help with this long overdue project.

This is a busy weekend starting with our annual **Setback Tournament** on Friday night, **Tag Sale** on Saturday morning and...some new fun on Sunday afternoon—**Contradance**! Want to know more about it? See article on page 3. Bill Fisher will be our caller and is well known to be the best for a beginner's audience. This is a live music event, so come on down and enjoy.

## UPCOMING EVENTS:

June 29th	
Setback games	7pm
June 30th	
Tag Sale	9am-1pm
July 1st	
Contradance	3-6pm
July 2nd	
Kiddie BINGO	7pm
July 7th	
CPR Course	9-12

Parents need to be aware of the many complaints from beach residents about kids using unacceptable foul language in the swim areas. Please talk to your children and remind them of beach etiquette. If the problem continues, violators will be asked to leave the beach and the police will be contacted if necessary. Parents are reminded that they need to accompany their younger children on the beach and they should not be left unattended.

If you live on Lake Shore Drive, please remind your family and friends to not park in the beach parking spots that are reserved for beach goers. Spots are limited and we will be looking for parking and guest passes this year, so be sure the pass is easily seen. Thanks!

If you are new to the lake this year, welcome! Bylaws and regulations are posted on our website: [www.lakehaywardct.com](http://www.lakehaywardct.com).

- Gail Grzegorczak

## NEWSLETTER &amp; WEB

**Newsletter Submissions:** Deadline is on Wednesday at noon. Please email [mfboone@optimum.net](mailto:mfboone@optimum.net).

**Newsletter Delivery:** Please note that our carriers do not get paid. They give up their Saturday mornings to get the newsletters out to you. Please remember them with a tip.

Visit [www.lakehaywardct.com](http://www.lakehaywardct.com) for archived newsletters, by-laws, contact numbers and a calendar of events.

## RECREATION

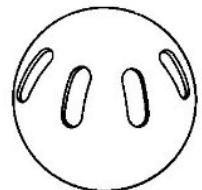
We have gotten a good turnout for swim and tennis lessons but we still have openings available. Tennis is at 1pm and 1:45pm on Tuesday and Thursday with the younger group playing first. (We need your information ASAP so we can determine age groups.) Come with racket and water as it does get hot. Swim lessons were cancelled on Wednesday, June 27th as a precaution due to the lake treatment; a makeup will be made at a later date. We hope everyone got a call, but if you did not we are sorry and we will try to keep everyone in the loop as much as possible.

- Diane Nelson

### Wiffle Ball Challenge

Please let me know if you have any interest in an Inter-Beach Wiffle Ball Tournament this summer. We could have a little friendly rivalry between the beaches, but keep it low-key so everyone who wants to play will play. The focus will be on the kids, but adults will play too. We could even have a picnic to coincide with the event. If interested, contact me at [familyrut@comcast.net](mailto:familyrut@comcast.net) with your name, phone number, and if you are interested in being a coach or umpire. If there's enough interest we can start planning dates, times, rules, and other organizational needs.

- Peter Rutledge, 9 Briarcliff Road



## LAKE HAYWARD DAYS

The first meeting of the 2012 Lake Hayward Days Committee will be at 9am Sunday July 8th at the Pavilion. Come one and all with your ideas for our 2012 Lake Hayward Days week of events. The more participants we have, the lighter the workload for everyone. I look forward to seeing you at this important meeting. You can contact me at [larrylusardi@comcast.net](mailto:larrylusardi@comcast.net) to confirm your attendance or to share ideas prior to the meeting.

- Larry Lusardi

## EAST-WEST COMMITTEE

The East-West Committee was formed in June 2007 to investigate interaction between property owners around the whole of Lake Hayward. This is our fifth year operating, and we have accomplished a lot. But the possibilities going forward are much greater. We are now at the point at which we could formalize our organization, name it appropriately, and address how we want to move forward, including how we could be connected to POALH. We want to have an open discussion of this at the upcoming meetings. Your input is important.

This summer two themes of interest to all Lake Hayward residents will be addressed at our first event, on **Saturday**

**July 14th at 10am at the Pavilion.** First there will be a report on the mapping of the buffer plantings of the lake-shore done last summer by the Eightmile River Wild and Scenic Coordinating Committee and a student volunteer, and the subsequent grant-subsidized offering in late April by the Connecticut River Coastal Conservation District for "Buffer in a Bag" packets at a reduced price. Further education on the importance of plantings to filter run-off into the lake will be included.

Following this presentation, a member of the Chatham Health District will be on hand to explain the recent letters we received regarding the applications for pump-out certifications for our septic systems. People are still concerned and confused as to their status, and many residents haven't been able to secure the certificate indicating their septic system has been inspected and is in good order.

In both these situations Lake Hayward has been singled out as a test area, and we are therefore in the right to ask them to come out to address our concerns and answer our questions. The more people, the better. Refreshments will be on hand—come down and participate!

There will be a second presentation in early August (date to be announced) in which we hope to host members of the Board of Selectmen and Board of Finance to address issues of concern to our area residents.

I hope to see you on July 14th!

- Linda Ryder-Munet, Chair, East-West Committee of Lake Hayward

## CONTRADANCE

On Sunday, July 1st (3-6pm), Lake Hayward will host a Contradance at the Pavilion.

### What is it?

Contradance is folk-style type of dance in which couples dance in parallel lines opposite—or "contra to"—their partners. During a Contradance, a "caller" guides dancers through a variety of dances. In response to the caller's instructions, each couple interacts with the couple next to them to form a four-person "set" and each set interacts with the sets on either side of them. Over the course of a dance each couple moves up and down the hall, interacting with every other couple in their multi-set "line." Contra is danced to Celtic, Jazz, Blues, and all sorts of other music.

### History

Sometimes described as New England folk dance, Contradance dates back to the end of the 17th century, when English country dances were adapted by the French who named them contra-dance or *contre danse*. Contradances were fashionable in the US until the mid-19th century, when square dances and couple dances (such as the waltz and polka) became more popular. In the early 1980s, the Peterborough Town House in Peterborough, New Hampshire started a Saturday Contradance and the trend again spread across the nation.

### Who can do it?

One of the great things about Contradancing is that no experience is necessary. Before beginning a new dance, the caller teaches everyone the steps contained in the sequence. Contradances are easy to learn, with only about 20 basic moves. Also, over the course of a dance, you will interact with everyone in the set including, but not limited to, your "partner," so don't be concerned if you aren't bringing a partner to the dance. We hope to see you at the Pavilion on July 1st!

For more information or to see videos of Contradancing, visit [www.contradance.org](http://www.contradance.org)



## GOLF TOURNAMENT

Property Owners Association of Lake Hayward presents

The Lake Hayward Open

Join your Lake neighbors for an 18-hole scramble golf event at the challenging Banner Country Club!

**Date:** Sunday, July 22nd at 8am; shotgun event.

**Where:** Banner Country Club, Banner Road, Moodus (East Haddam), CT.

**Price:** \$60 includes golf, cart, practice range from 7am, goodie bag, prizes, special events, and lunch at the Pavilion immediately following.

**Format:** 4-player team scramble with minimal drive limitations; make your own team or we can team you up with other players; Lake Hayward resident in each foursome.

We do have some limitation on the number of golfers! **Sign-up with check payable to POALH to guarantee your spot!** This event has been a sell-out the last two years and Banner has graciously given us a few more spots. Don't be disappointed!

Checks may be given to Co-Chairs Don Biancamano at 73 Lake Shore (860-537-3609) or Fred Odell at 273 Lake Shore (860-537-3609)



**BEACH RULES - (PLEASE INFORM GUESTS AND RENTERS OF THESE RULES)**

1. Parents or chaperones are responsible for their child's safety and their child's actions at all times.
2. Children cannot be left at the beach unattended.
3. Infants must be in leak-proof ("swimmie") diapers at all times.
4. Fishing within 100 feet of the swimming area is strictly prohibited.
5. Use of boats and watercraft within the swimming area or within 100 feet of rafts is prohibited.
6. When passing a beach area, dogs must be on a leash. Dogs are never allowed on the beach.
7. There is no swimming after 11pm.
8. All trash and cigarette butts must be removed from the beach and be properly disposed of. Glass containers are prohibited on Association property.
9. Use of the beach area is limited to Association members and their guests.

**BOARD MEMBERS & CONTACTS**

Gail Grzegorczak – President	(860) 531-9008
Larry Lusardi – VP; Water Co. liaison; LH Days Chairman	(860) 466-9379
Bonnie Sudell – Secretary; 2nd Beach Rep	(860) 490-1350
Jeff Walter – Representative at large	(860) 531-9194
Dave Edgington – POALH Properties; 2nd Beach Rep	(203) 314-1096
Sue Kumro – Parking & Security	(860) 625-5114
Diane Nelson – Recreation & Social; 1st Beach Rep	(860) 305-7305
Lee Griffin – Treasurer	(860) 656-6938
Norm Kaplan – 3rd Beach Representative	(860) 537-1457
Pat D'Amato – 1st Beach Representative	(860) 810-5072
Moira Boone – Newsletter & Website	mfboone@optimum.net
Brenda Armstrong – Tax Collector	bearmstrong71@hotmail.com
Jason Griffing—Email alerts and announcements	llikeicecream@msn.com
Debi and Bill Taylor – Water Quality	(860) 537-0480
Janet Soboleski – Newsletter Delivery	(860) 537-1012
Resident State Trooper	(860) 537-7500
East Haddam Police	(860) 873-1226
Connecticut Water	(800) 286-5700



## LAKE HAYWARD COOKBOOK

### WANTED: Your Favorite Recipes

A committee has formed to collect recipes and publish a Lake Hayward Cookbook. The profits from the sales will benefit the Lake Hayward Memorial Fund. Please send in your favorite recipes to share with your neighbors. Recipes may be typed or neatly hand-written and may be submitted by email, fax, mail or can be hand-delivered to:

Janet Soboleski  
30 Cragmire Road, Colchester, CT 06415  
[ksoboleski@att.net](mailto:ksoboleski@att.net)  
Fax - 860-533-1199

Categories include: Appetizers & Beverages, Soups & Salads, Vegetables, Main Dishes, Breads & Rolls, Desserts and Miscellaneous. **Deadline for recipe submission is July 16th 2012.** Please include your name and contact information with the recipe. Thank you.

Committee members: Lynn Booth, Gail Grzegorczak, Carolyn Henry, Charlene Reagan, Janet Soboleski and Janis Spooner



## SEPTIC MAINTAINENCE

Septic systems are like automobiles. They need periodic inspections and proper maintenance to continue working properly. Also, they cannot be overtaxed without the owner suffering consequences such as repair or replacement bills.

### **What to put in, what to keep out**

- Direct all wastewater from your home into the septic tank. This includes all sink, bath, shower, toilet, washing machine and dishwasher wastewaters. Any of these waters can contain disease-causing microorganisms or environmental pollutants.
- Conserve water to avoid overloading the septic system. Be sure to repair any leaky faucets or toilets. Use low-flow fixtures.
- Do not use caustic drain openers for a clogged drain. Instead, use boiling water or a drain snake to open clogs.
- Do not use septic tank additives, commercial septic tank cleansers, yeast, sugar, etc. These products are not necessary and some may be harmful to your system.
- Use commercial bathroom cleaners and laundry detergents in moderation. Many people prefer to clean their toilets, sinks, showers, and tubs with a mild detergent or baking soda.

### **When to have your septic tank pumped**

You should have your septic system inspected every 1-2 years by a professional and your tank pumped when necessary. The septic tank traps the solids in the wastewater and should be checked to determine whether or not it is time for it to be pumped out. The absorption field should be checked for sogginess or ponding, which indicates im-

proper drainage, a clogged system, or excessive water use. The presence of damp or soggy areas or odors may indicate a leak in the system.

### **Reducing the flow of wastewater**

Generally, the more people, the more water will flow through the system. However, the use of water conservation devices such as low-flow toilets, washing machines or shower fixtures greatly reduces the amount of wastewater thus prolonging the life of your septic system. For example, up to 53 gallons of water are discharged into your system with each load of laundry. If several loads are done in one day, it can put considerable stress on your system. A better practice would be to space your laundry washing throughout the week.

### **Absorption field**

An absorption field generally does not require any maintenance. However, to protect and prolong the life of the absorption field, follow these simple rules:

- Plant only grass over and near your septic system. Roots from nearby trees or shrubs may clog and damage the absorption field.
- Do not drive or park over any part of your septic system. This can compact the soil and crush your system.
- Keep roof drains, basement sump pump drains, and other rainwater or surface water drainage systems away from the absorption field. Flooding of the absorption field with excessive water will keep the soil from naturally cleansing the wastewater, which can lead to groundwater and/or nearby surface water pollution.

## CLASSIFIEDS

### For sale

- Two sit-on top kayaks without cockpits. They are great for young children as they are almost impossible to tip over, are easy to board from deep water and easy to jump or dive from. They were \$200 each when new, and I am asking \$100 each if sold separately or \$180 for both. Call our cell phones: Peter Rutledge at 413-374-2633 or Roberta Rutledge at 413-374-0517
- Pet kennel. Like new. High-end, rust-free. 4'8" w x 10' l x 3'10" h. Please call 860-205-5957
- Lloyd Flanders rattan chair cushions: seat, back and arms. Four complete sets. Green & yellow stripe. \$100 or best offer. New \$1,600. Call Felicia at 203-641-9641.
- Sunfish, \$90. Call 860-531-9194.
- Canoe, red with white trim. Seats are wood, painted with a dark, waterproof poly-stain. A few nicks here and there from regular use. Handle on each end. 16.5 ft in length. Made of Fiberglass. Also comes with two life preservers which act as seat cushions (which are practically new), No paddles. \$150.00. A beautiful canoe. Call 860-646-3441, leave a detailed message. Serious inquiries only please.

### For rent

- Five-room cottage with large deck and water views. Steps from 3rd beach. \$650/week. Call owner at 860-377-5657

### Missing

- A gray cat, with white paws and a white belly from 114 Wildwood Road. Answers to the name of Candy. She has no tags because she was considered an indoor pet. If you have seen her, please call Michelle at 860-537-1843 or my cell at 860-303-5146

### Services

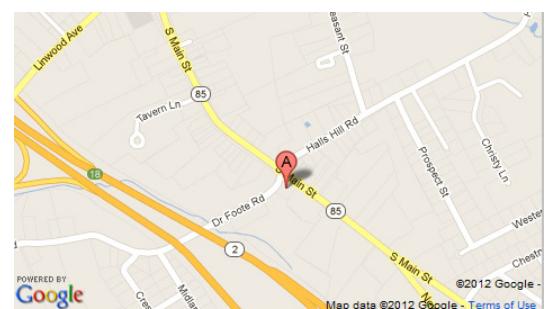
- Lawn mowing, handyman services, power washing, painting, gutter cleaning, spring/fall cleanups & hedge trimming. Affordable rates. Call 860-537-1822

### Reunion

- There will be a reunion of those who grew up at Lake Hayward during the 60's and 70's on Saturday July 14th at the Pavilion from 12-3pm and then adjourning to Moore's house at 6 Glimmer Glen. All former teens who grew up at the Lake are welcome. Bring your food and beverages. Invite everyone you hung with and spread the news! Contact Ruth Moore Barningham at [Ruthlesmb@hotmail.com](mailto:Ruthlesmb@hotmail.com) or Jim Moore at (860) 537-1188.

## NEW IN COLCHESTER

Stop & Shop has opened a self-service gas station on South Main Street (see map) where customers who accumulate points by shopping at Stop & Shop can buy gas at a discount, typically about 10¢ a gallon per \$100 spent in the store. Do you need a Stop & Shop card? Go to: <https://www.stopandshop.com/account/>



## TRASH & RECYCLING

All-Waste Control collects trash and recyclables twice a week (Monday and Friday) during the summer. Monday pickup began June 25th; the last Monday pickup is August 27th after which pickup will be on Fridays only.) All recyclables can be combined and placed into a single container and put out with your regular trash. Please contact All-Waste Control at 860-873-9005 with any questions.

